VARIETIES OF Moral Self-Cultivation

TUESDAY, MAY 6, 2014, 4:00-6:00 P.M. - 202 FORD ALUMNI CENTER



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"In addition to communal work to develop good people, most traditions have methods of self-cultivation that are designed to help create, sustain, develop, and perfect various virtues and other excellences. I'll talk about some mindfulness techniques in classical Confucianism and classical Buddhism and relate them to some contemporary psychological thinking about human first nature and to some philosophical thinking about the possibilities of rational control and ethical criticism." ~ Owen Flanagan

Sponsors include the Department of Philosophy, the Institute for Cognitive and Decision Sciences, Oregon Mindfulness, and the Oregon Humanities Center

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